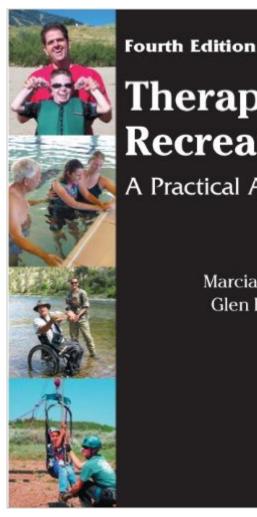
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# **Therapeutic Recreation: A Practical** Approach



# Therapeutic Recreation

A Practical Approach

Marcia Jean Carter Glen E. Van Andel



### Synopsis

Part I contains a comprehensive discussion of the fieldâ <sup>™</sup>s history and theoretical underpinnings, providing students with the perspective they need to evaluate the social, cultural, demographic, economic, and technical forces that have shaped and are continuing to impact health and human services in general, and therapeutic recreation in particular. Part II introduces students to the client populations served by therapeutic recreation specialists and describes specific approaches and activities employed by TR professionals to help clients achieve meaningful improvements in health status, functional capacities, and quality of life. The authors have retained the practical, student-oriented approach that makes this an ideal text for introductory courses. They address all content areas included in the NCTRC certification exam, are compatible with the American Psychiatric Association on psychological classifications, and incorporate the World Health Organizationâ <sup>™</sup>s international classification of functioning, disability, and health. The latest edition contains updated information on baby boomers, the obesity epidemic, and evidence-based practices; field-based photographs and illustrations; and study questions and exercises designed to engage students.

#### **Book Information**

File Size: 46311 KB Print Length: 545 pages Publisher: Waveland Press, Inc.; 4 edition (February 1, 2011) Publication Date: November 25, 2013 Sold by: Â Digital Services LLC Language: English ASIN: B00GUOBSJ2 Text-to-Speech: Not enabled X-Ray: Not Enabled Word Wise: Not Enabled Lending: Not Enabled Enhanced Typesetting: Not Enabled Best Sellers Rank: #476,196 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #69 in Kindle Store > Kindle eBooks > Medical eBooks > Allied Health Professions > Occupational Therapy #82 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Physical Impairments #118 in Kindle Store > Kindle eBooks > Medical eBooks > Allied

#### **Customer Reviews**

If I had to recommend a beginners book for Therapeutic Recreation I would most definitely recommend this book because of its easy reading. As a beginner you want something that is interesting and easy to understand and with this book you get all of that and more.

I thought this was a good text for my Intro class. I wish I hadn't sold it back after the semester. I re bought this text to study for my CTRS exam. It has proved invaluable.

I ordered this becasue the book was not available in the book store in my school. It is a required text, but I see myself using this book going into the profession itself. I wont be selling this book back.

The book is advertised as the fourth edition so I thought that was what I would receive but it was not. Needed the forth edition for class not the original. They have different content.

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